



AQUATIC EXERCISE

CERTIFICATION TRAINING

AFFORDABLE COMMERCIAL
SOLUTIONS

REHAB & THERAPY

PRODUCT CATALOG

YEAR 2024

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www.aquabodystrong.com



STRIVING TO MAKE AN IMPACT

These days, people are emphasizing their health & well-being. They are looking for ways to be inspired, stay active, and be part of a community.

Aqua Body Strong® is devoted to helping people achieve this goal. Our mission is to create innovative fitness products, exceptional certification training, and purposeful workouts that promote good health, positive self-identity, and community.



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Star Aqua Treadmill
Excellent for Rehab



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AQUA TRAMPOLINE

Aqua Body Strong Individual Pool Rebounder



Ticket To Health

THIS IS A BOARD.

ABS™ Aquafit Board



aquaBOARD

CORE STABILITY & FITNESS TRAINING

Offer innovative balance and strength-based water fitness classes that challenge participants to maintain proper postural control and alignment while executing a series of transitional movements on the board, effectively enhancing balance, strength, endurance, flexibility, and focus.



AQUA BOARD



KEY FEATURES

- Dimensions: 7.75' x 3' x 6"
- Lightweight, inflatable, and easy to set up
- Weight Capacity 390 lbs
- Nationally Recognized Certification Included
- 2 +1 Fusion Technology for longevity & durability
- Custom boards available featuring your company's logo and brand colors
- Limited 2-year manufacturer warranty

INCLUDES

Aquafit Board | Manual Pump | Tethers | Repair Kit



SAFETY FEATURES

- ✓ **Nationally Recognized Certification Program**
Instructors are educated, experienced, and tested to teach to all fitness levels with continuing education.
- ✓ **Non-Slip Textured Deck**
Prevents injuries and allows participant to feel confident in their movements. A brushed deck is NOT the same as a texture deck.
- ✓ **Double Layer Military Grade PVC On Top, Bottom & Sides**
Provides extreme stability and durability.
- ✓ **Fit Between Standard Pool Lane Lines**
ABS™ mats rest in between pool lane lines to prevent students from falling on lane lines or board rubbing.
- ✓ **Inflatable To A PSI Of 8**
PSI determines how well the mat sits on top of the water, and how much weight it can hold. A PSI of 8 allows for up to 395 lbs.
- ✓ **4 Point Anchoring System**
Four tethering points (2 D-rings on each tethering side) ensures controlled instability.

www.reallygreatsite.com

LET'S RIDE

Aqua Bikes



BLAZE YOUR PATH TO FITNESS

Keep cool with this hot new workout that combines the water resistance training benefits of aqua aerobics with the high-intensity thrill of indoor cycling. This total-body, results-driven workout will have students cycling, rebounding, stabilizing, stretching, challenging their stamina, and building endurance.



aquaCYCLE



BPM AQUA BIKE

KEY FEATURES

- Elegant, innovative, and functional design: equipped with a polyethylene shell and stainless steel frame with oval outlines
- The brake system was studied by the R&D department to guarantee increased fluidity and durability
- A wide handlebar allows more positions and a better grip
- Resistive pedal in polyethylene, designed to increase the pedaling fluidity and strength
- The stability of the bike is ensured by the perfect balance between the front and rear axle, the new reinforced bases, and four suction cup feet
- The 74° saddle-handlebar angle ensures the best position during use, excluding horizontal saddle adjustments
- Wheels on the front base allow easy movement of equipment





- Aquabike made in Italy
- Inox AISI 316 L
- Polyethylene shell
- Adjustable Resistance
- Ergonomic handlebar
- Training Certification Included
- Weight 55 lbs
- Depth of Use 4-5 feet



Exclusive pedaling system allows the participant to adjust the resistance while spinning in the water



Reinforced neoprene shoe



Suction Cups

Rubber Wheels

COLOR CHOICES

ORANGE

LIME



AQUA ACTIVE BIKE



KEY FEATURES

- Tubular AISI 316L stainless steel frame
- Rubber anti-scratch wheels for easy setup
- Comfortable saddle
- Saddle adjustment using a spring-loaded safety screw
- Handlebar designed for various grip positions
- Vertical handlebar adjustment by spring-loaded safety screw
- Horizontal handlebar adjustment
- Mechanical brake with resistance adjustment system
- Pedals designed for comfortable foot placement
- Suction cups attached to base for non-slip anchoring and stability
- 2-year limited manufacturer's warranty.





The exclusive pedaling intensity adjustment system allows the participant to adjust the resistance while spinning in the water.



- Aquabike made in Italy
- Inox AISI 316 L
- Polyethylene shell
- Adjustable Resistance
- Ergonomic handlebar
- Training Certification Included
- Weight 45 lbs
- Depth of Use 4-5 feet



Reinforced neoprene shoe



COLOR CHOICES

ORANGE

LIME



Mental Reboot

THIS IS A TRAMPOLINE

Aqua Trampoline



aquaTRAMPOLINE

DESIGNED FOR FUN; RESULTS ARE JUST A BENEFIT

Jump into the ultimate blend of a serious workout session and a serious fun experience with ABST™ Aqua Trampoline. Our Aqua Jump workouts merge the dynamic, physical properties of water with choreographed jump, barre, dance, and HIIT movements on a trampoline, resulting in an addicting, total-body, strengthening workout perfect for all ages and fitness levels!



AQUA TRAMPOLINE

KEY FEATURES

- AISI 316L (Marine-Grade) stainless steel frame
- Stability bar included
- Nationally Recognized Certification Training Included
- Highly elastic water sports trampoline
- 3 ft diameter
- Non-skid rubber feet for floor adhesion and protection
- Lightweight and easy to store
- Personalization with your company's logo and brand colors is available upon request

SAFETY FEATURES

- Six points of adhesion create a sturdy anchoring system.
- The stability bar adds a level of comfort for beginning students or those rehabbing an injury.
- The stability bar allows for suspended exercises
- The large jump pad allows taller individuals room to execute the movements with precision.
- A highly elastic jump pad allows for easy bouncing with low to no impact.



TRAIN LIKE A FIGHTER

Offer a variety of classes with the multi-functional Vertical Dynamic Pole. From ABST[™] Aqua Combat, where you will “train like a fighter” to Pole Fitness and Strength Training, ABST[™] Aqua Pole classes are an entertaining and dynamic way to improve coordination, strength, and flexibility.



aquaCOMBAT



AQUA POLE FITNESS

KEY FEATURES

- Exclusive design, made in Italy
- PVC/Steel Unix AISI 315
- Aqua Combat Certification Training Included
- Dimensions: 3' x 3' 6.5'
- Weight: 70 lbs
- Quick coupling system for easy set-up
- Suction cups attached at the base create a non-slip anchoring and stability system
- Optional Combat Bag and Resistance Band Training Kit for a multiplicity of classes
- 2-year limited manufacturer's warranty.

ADDITIONAL PERKS

Turn your pool into an aquatic circuit course by creating exercise stations featuring 3-4 fitness poles connected together by means of lateral cross bars. Participants cycle through a series of exercises developed for cardiovascular improvement, strength training, and mobility by moving from station to station with little or no rest in between.

Aqua Combat Gear- Use with or without a fitness pole.

GEAR DESIGNED FOR ALL FITNESS ABILITIES



Aqua Combat Gloves

Ideal for most students, fitness enthusiasts, athletes, and kids. Lightweight with a large surface, they create just the right amount of resistance for fun, high-tensity strength toning.



Aqua Combat Mitts

Perfect for active agers or anyone recovering from an injury. They are lightweight, and webbed, and increase the surface area of your hand to give an enjoyable amount of resistance.

Aqua Combat Bells, deliver the most amount of resistance.





STAR AQUA TREADMILL -AQUA THERAPY & BEYOND

Rehab centers, YMCAs and aquatic centers will delight in the Star Aqua Treadmill. With a three-roll sliding system that guarantees maximum fluidity and smoothness, it's the only one of its kind that allows for running in the water. Rehab clients can work to regain coordination and improve their balance, gait, and flexibility in a low-impact, buoyant environment.



AQUA TREADMILL

KEY FEATURES

- innovative design featuring a polyethylene shell and stainless steel frame.
- Designed for aqua walking and aqua running.
- Ideal for rehabilitation and group training.
- Stable and smooth belt.
- Large lateral footboard.
- Wheels on the base allow easy movement of equipment in and out of the pool.
- Folds to 1.3 x 2.7 x 4.4 feet for convenient storage
- 2-year limited manufacturer's warranty.

ADDITIONAL PERKS

With a three-roll sliding system that guarantees maximum fluidity and smoothness, it's the only one of its kind that allows for running in the water. Rehab clients can work to regain coordination and improve their balance, gait, and flexibility in a low-impact, buoyant environment.



Ruote
gommate
Rubber wheels

Foro per svuotamento
Hole for draining water



The STAR AQUATREADMILL three-roll sliding system guarantees maximum fluidity and smoothness: it is the only kind that allows running in the water

STAR AQUATREADMILL

- + TREADMILL MADE IN ITALY
- + EXCLUSIVE ITALIAN DESIGN
- + SCOCCA IN POLIETILENE
POLYETHYLENE SHELL
- + OTTIMO SCORRIMENTO DEL NASTRO
EXCELLENT BELT SLIDING
- + AMPIA PEDANA LATERALE
LARGE LATERAL FOOTBOARD
- + PRODOTTO MARCHIATO CE
CE MARKED PRODUCT
- + NUOVO COLORE "LIME"
NEW COLOUR "LIME"



Ventose trasparenti antimacchia
Non standing suction caps



Chiusura di sicurezza
Safety lock



Orange

Yellow

min. | moq. 10 pz
consegna | delivery 60 g

Lime
NEW COLOUR

Blue



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